

U8 U9 JR Warriors MD ADVANCED DEVELOPMENT PROGRAM

U8 and U9 – Jr Warriors MD Advanced Development Program

GOALS

This Program has a 75 year history of developing hockey athletes achieving the highest levels of hockey

- To DEVELOP the skills necessary to compete and succeed
- To see **PROGRESS**ion in our players as they improve throughout the season
- For our athletes to **EXCEL** and become well rounded hockey players and individuals, on and off the ice.







PLAYING EXPERIENCE

NCAA - Scholarship Elmira College ECAC West - 2003-2006 & Frozen Four Appearance 2006 OPJHL - Hamilton Kilty B's - Junior A (1998–2003) Ontario Under 17 Program – Final Camp, Waterloo (1998)

COACHING AND DEVELOPMENT EXPERIENCE

25+ years of Coaching Mentoring and Development in the Golden Horseshoe from Local League to AAA

CURRENT AND PAST ORGANIZATIONS

Hamilton Huskies Development
Hamilton Jr Bulldogs Futures Program
Glancaster Minor Hockey Development
Dofasco Minor Hockey Development
PHL Academy Instructor
Velenosi Powerskating Skating Instructor
Teacher and Coach at Blessed Trinity Catholic Secondary School

CERTIFICATIONS

Certified Power Edge Pro Instructor Hockey Canada Coaching Development 1 Instruction Steam - Skating And Skills Level 2 First Aid

7.25 \$



U8 and U9 – Jr Warriors MD Advanced Development Program

INTRO TO REP HOCKEY

- Jr Warrior MD U8 & U9 player Evaluations will take place in September 2023
- U8 and U9 programs have a maximum capacity, and it may be necessary to restrict participation based on player evaluations if those capacities are reached.
- This Advanced Development Program is an accelerated program for 7 and 8 year old players who are looking for more ice-time and more advanced instruction.
- Intended as a bridge between recreational and rep hockey, ADP offers more frequent practices run by experienced skills coaches.
- This Advanced Development Program goal is for players to be a representative (rep) hockey initiation program that bridges the gap from house league / skill development to rep hockey at the U10 age group.
- Players will be able to participate in a Tiered Level of hockey which creates an environment capable of serving our most competitive players to our inexperienced players.
- SCMHA will follow the provincial guidelines set out for all Ontario minor hockey associations as per the Hockey Canada Player Pathway's, the Ontario Hockey Federation, and OMHA governing bodies.



U8 and U9 – Jr Warriors MD Advanced Development Program





- Player Development will take place throughout the September, weekly Player development for the weekly development combined with game play
- All JR Warrior MD tiered teams will participate in 2-3 Local Jamborees/Tournaments
- JR Warrior MD teams will wear the Red & White uniforms.
- Season runs September to March
- All our JR Warriors MD will have 2 practices a week with 1-2 games per week
- Games are half ice with a maximum of 8 players and 1 goalie per team
- Additional development opportunities are available through SCMHA to help those looking for more progression



U8 and U9 - Jr Warriors MD Advanced Development Program DYNAMIC AND INNOVATIVE

- Coaches are highly qualified
- Coach to player ratios are high 3-5 players per coach
- Station based drills where small groups rotate through various stations focusing on individual skill development
- Small Area games develop quickness, agility and thinking in tight spaces
- Drills are designed to push players to their potential
- Learn Fundamental Hockey Skills such as Puck Possession,
 Dangling, Shooting & Passing, and Body Positioning



